

# April 2018

La Vernia ... High School & Junior High

## Monday

Cereal/Yogurt or Pancake on a Stick **2**

Bean & Cheese Tacos or Nachos

Cereal/Cheese Stick or French Toast Sticks **9**

Spicy Chicken on Bun or Frito Pie

Cereal/Cheese Stick or Pop Tarts **16**

Spaghetti or Chicken Parmesan

Cereal/Yogurt or Pancake on a Stick **23**

Bean & Cheese Tacos or Nachos

Cereal/Cheese Stick or French Toast Sticks **30**

Spicy Chicken on Bun or Frito Pie

## Tuesday

Breakfast Bar (Egg, Ham&Cheese) or Breakfast Pizza **3**

Corn Dogs or Chicken Fried Steak on a Bun

Mini Pancakes or Breakfast Pizza **10**

Mexican Food 2 Entrees

Muffin/Yogurt or Breakfast Pizza **17**

Corn Dogs or Cheesy Mac

Breakfast Bar (Egg, Ham&Cheese) or Breakfast Pizza **24**

Corn Dogs or Chicken Fried Steak on a Bun

## Wednesday

Cereal Bar/Cheese Stick or Bacon/Egg/Cheese Taco **4**

Pizza or Smucker's PBJ

Smucker's PBJ or Cheese Omelet **11**

Pizza or Smucker's PBJ

Cereal/Yogurt or Bean & Cheese Taco **18**

Pizza or Smucker's PBJ

Cereal Bar/Cheese Stick or Bacon/Egg/Cheese Taco **25**

Pizza or Smucker's PBJ

## Thursday

Bean & Cheese Taco or Breakfast Pizza **5**

Popcorn Chicken or BBQ Pork on Bun

Bacon/Egg/ Cheese Taco or Breakfast Pizza **12**

Steak Fingers or Chicken Strips

Cereal Bar/Yogurt or Breakfast Pizza **19**

Pizza Sticks or Chicken Nuggets

Bean & Cheese Taco or Breakfast Pizza **26**

Popcorn Chicken or BBQ Pork on Bun

## Friday

Oatmeal/Graham Crackers or Cinnamon Rolls **6**

Asian Chicken w/ Rice or Hot Ham/Cheese on Croissant

Cheese Filled Bread Sticks or Scrambled Eggs & Sausage Patty **13**

Mac & Cheese w/ Ham Chicken Drumsticks

Oatmeal/Graham Crackers or Sausage & Biscuit **20**

Chicken Patty on Bun or Hamburger/ Cheeseburger

Oatmeal/Graham Crackers or Cinnamon Rolls **27**

Asian Chicken w/ Rice or Hot Ham/Cheese on Croissant

### Meal Prices:

Breakfast-Student Full Price \$1.75  
Reduced \$0.30  
Adult \$2.25

Lunch-Student Full Price \$2.60  
Reduced \$0.40  
Adult \$3.50

Prices Are Subject To Change

### Extras:

Hot Breakfast Entrée - \$1.35  
Cold Breakfast Entrée - \$1.00  
Hot Lunch Entrée - \$1.75  
Fruit/Vegetable - \$0.75  
Snacks/Milk/Bread - \$0.60 to \$1.00  
Large Bottled Drink - \$1.00  
Small Bottled Water - \$0.35

Extras are available on first come first serve basis.

Students must select 3 components for a reimbursable meal. One of the required components MUST be ½ cup vegetable or fruit.

Meal Components: Protein, Grain, Vegetable, Fruit, and Fluid Milk

Menus are subject to change based on product availability.

### Did You Know...

The Romans called this month Aprilis which may derive from the verb aperire meaning "to open", referring to flowers and fruits opening.